

2016 Fall Informer

Broken Arrow Parks and Recreation

Safe

providing...

clean

FRIENDLY

Fun



CONTACT US

Central Park Community Center

1500 S. Main St.

Phone: (918) 259-8437

Nienhuis Park Community Center

3201 N. 9th St.

Phone: (918) 259-6550

Ray Harral Nature Center

7101 S. 3rd St.

Phone: (918) 615-6099



To keep updated on new events, classes, and pools
like us on Facebook or follow us on Twitter.

[@BAParksandRec](#)



City Holidays

2016

September 5th – Labor Day

November 11th – Veterans Day

November 24th & 25th—Thanksgiving

December 23rd – Christmas Eve (observed)

December 26th - Christmas Day (observed)

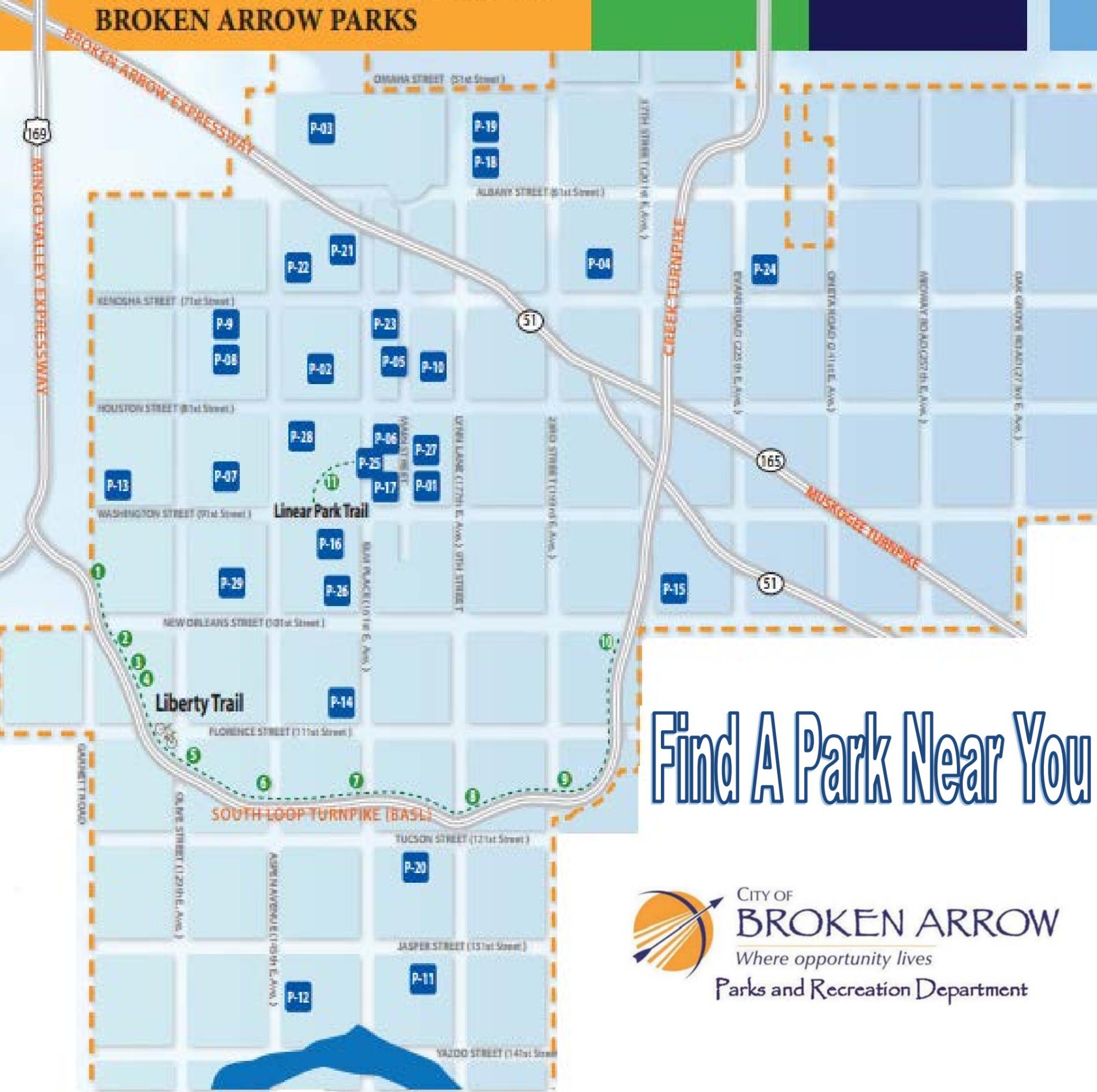
2017

January 2nd– New Year’s Day (observed)

January 16th– Martin Luther King Day

Or visit our website www.brokenarrowok.gov

BROKEN ARROW PARKS



- P-01 Arrowhead Park
- P-02 Aspen Creek Park
- P-03 Battle Creek Pocket Park
- P-04 **Camino Villa Park**
- P-05 Centennial Park
- P-06 **Central Park**
- P-07 Copper Creek Park
- P-08 **Country Aire Park**
- P-09 Country Aire Tot Lot
- P-10 **Haskell Park**
- P-11 Indian Springs Mini Park
- P-12 Indian Springs Sports Complex
- P-13 **Jackson Park**
- P-14 Leisure Park
- P-15 Liberty Park
- P-16 Lions Park
- P-17 Main Place
- P-18 Morrow Park
- P-19 **Nienhuis Park**
- P-20 Ray Herral Nature Park
- P-21 Rockwood East Park
- P-22 **Rockwood West Park**
- P-23 **Sieling Park**
- P-24 Timberbrook Park
- P-25 Urbana Park
- P-26 Vandever Park
- P-27 Veteran's Park
- P-28 Wedgewood Park

Find A Park Near You



****Splash Pads**
****Rentable Shelters**

Center Information

Central Park Community Center

Meeting Room Capacity 80

Fee: Residents—\$25/hr Non-Residents \$35/hr

Kitchen (Rental only with Meeting Room)

Fee: Residents—\$15/hr Non-Residents \$20/hr

Art Room Capacity 25

Fee: Residents—\$15/hr Non-Residents \$20/hr

Nienhuis Park Community Center

Meeting Room Capacity 80 (With a Kitchenette)

Fee: Residents—\$25/hr Non-Residents \$35/hr

Ray Harral Nature Center

Meeting Room Capacity 30

Fee: Residents-\$10/hr Non-Residents \$15/hr

Central Park

South Shelter—Closest to playground

Fee: Residents—\$30/day Non-Residents \$45/day

North Shelter—Closest to tennis courts

Fee: Residents—\$30/day Non-Residents \$45/day

Nienhuis Park

Red Roof Shelter—Near playground

Fee: Residents—\$30/day Non-Residents \$45/day

Country Aire Park

East Shelter—Closest to street

Fee: Residents—\$30/day Non-Residents \$45/day

West Shelter—Closest to restrooms

Fee: Residents—\$30/day Non-Residents \$45/day

**Central Park Community Center: Monday-Friday 7am-9pm, Saturdays 9am-1pm.

**Nienhuis Park Community Center: Monday-Friday 11am-9pm, Saturdays 1pm-5pm.

**Ray Harral Nature Center: Tuesday-Friday 10am-5pm.

Closed Sundays and Holidays

Upcoming Events

Broken Arrow Amateur Basketball Association (BAABA)

BAABA utilizes both Central Park And Nienhuis Park Community Centers gyms for team practice and games. Starting in November and continuing through March. Open gym hours at these facilities will be limited. Contact Central Park, (918) 259-8437 or Nienhuis Park, (918) 259-6550 for information regarding open gym hours.



Daddy Daughter Dance

Nienhuis Park Community Center

February 11th, 2017

Ages 4-16 \$5 per person

Tickets are required. No ticket sales at the door.

Tickets go on sale December 5th, 2016.

Two dance times are available.

6PM-7:30PM OR 8PM-9:30PM

Fitness



Zumba with Jenny

\$5 Per Class or \$30 for Zumba Pass (8 classes)

Tuesdays & Thursdays 6pm-7pm

Central Park Community Center

Beginners, active older adult, or not used to exercising. This class is fun and easy to do along with the music. Zumba combines high energy and motivating music with unique moves and combinations to dance away ones worries.

Classes are subject to change without notice.

GET FIT BA

Nienhuis Park Community Center

Mondays & Wednesdays 6:30pm-7:30pm

This free class is a Cardio Boot Camp that is done at each participants own pace. Jumping jacks, high knees, burpees, fast feet, jogging, push-ups, sit ups, squats, lunges, etc. These exercises will work your lower and upper body as well as your core.



Adult Pickleball

Mondays, Wednesdays, and Fridays 10am-3pm

Tuesdays and Thursdays 7:00pm-8:45pm

Central Park Community Center

Pickleball is a paddle sport for all ages and skill levels. Combines elements of tennis, badminton and ping pong. Equipment available.

Ladies AM Volleyball

Wednesdays 9am-12pm

Central Park Community Center

16 years of age and older

All skill levels welcome.

Floor Hockey

Mondays 7pm-8:45pm

September-October

Central Park Community Center

16 years of age and older

All skill levels welcome

Must provide own hockey stick.



Classes are subject to change without notice.

Remote Control Flying

Thursdays 9am-12pm

Central Park Community Center

Free. Use the gym to fly your RC planes and helicopters. Participants must provide their own planes.

Walking and Fitness

Central Park Community Center Monday-Friday 7am-10am

Nienhuis Park Community Center Monday-Friday 11am-2pm

The gyms are open to everyone of any age to walk, exercise or stretch whether its hot or cold outside.

Rec Room

Nienhuis Park Community Center

The rec room offers ping pong, foosball, pool, and shuffle board tables, as well as board games for the family to enjoy.

Classes and Activities

Classes and Activities

Homeschool PE

Central Park Community Center

Ages 6-16, \$30 per student.

September 13th—December 8th

Tuesdays and Thursdays 1pm-3pm

Registration is required. Openings are limited.



Classes are subject to change without notice.

Martial Arts

Nienhuis Park Community Center

\$50 per month.

Ages 6-12 Tuesdays 5:30pm-6:30pm

Ages 13 & older Tuesdays 6:30pm-7:30pm

Ages 6-12 Thursdays 5:30pm-6:30pm

Ages 13 & older Thursdays 6:30pm-7:30pm

Paddle Battle (Ping Pong)

DOUBLE ELIMINATION TOURNAMENT

Nienhuis Park Community Center

October 13th at 6:30pm

\$5 per competitor.

Ages 17 and older.

Must be registered by 5:45pm on October 13th.



Jr. Paddle Battle (Ping Pong)

DOUBLE ELIMINATION TOURNAMENT

Nienhuis Park Community Center

October 6th at 6:30pm

\$5 per competitor.

Ages 10-16

Must be registered by 5:45pm on October 6th.

Classes and Activities

Roly Poly's

Nienhuis Park Community Center

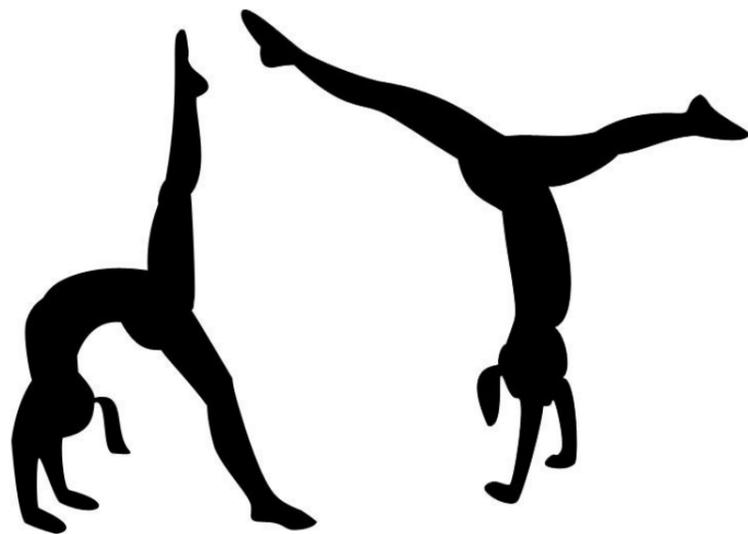
Mondays 11:15am-12:00pm

Tuesdays 11:15am-12:00pm

\$35 per month

Ages 1-3 years old

This class encourages caregivers and children to interact with one another in a fun gymnastics based active environment. The instructor will guide caregivers in activities that encourage motor development, hand eye coordination, and much more.



Classes are subject to change without notice.

Tykes Tumbling

Nienhuis Park Community Center

Mondays 5:15pm-6:00pm

Wednesdays 5:45pm-6:30pm

\$35 per month

Ages 4-6 year olds

In this class, students will roll, tumble, and flip. Tykes will work on developing coordination, balance, strength and flexibility while learning basic gymnastic skills!

Tumbling Gymnastics

Nienhuis Park Community Center

Mondays 6:00pm-7:00pm

Wednesdays 6:30pm-7:30pm

\$35 per month

Ages 6-11 year olds

In this class kids will learn the basics like cartwheels as well as progressively work their way to more challenging benchmarks like back handsprings. This class will be filled with high energy and fun!

Classes and Activities

Healthy Living Yoga

Nienhuis Park Community Center

Ages 12 and up

\$20 per month

Wednesdays from 11am-12pm

Mondays from 7:30-8:30pm

This class instructs the basic poses and sequences. Yoga provides a way to de-stress and help strengthen and stretch the entire body.

Healing Thru Yoga

Central Park Community Center

Ages 12 and up

Fee varies per month

Mondays 6:00pm –7:00pm

This is a gentle medically based yoga class to promote balance, flexibility and strengthening for people with arthritis, fibromyalgia, and other physical limitations.

Sit B Fit

Nienhuis Park Community Center

Thursdays 11:00AM to 12:00PM

\$5 per month

This chair exercise class geared toward seniors and people with limited mobility. We recommend checking with your doctor before starting any exercise program.



Classes are subject to change without notice.

Classes and Activities

Writing Workshops

Nienhuis Park Community Center

Classes are subject to change without notice.

Writing Short Stories

September 3rd

2:30pm to 4:30pm

\$25 per person

Ages 14 and Up

Learn how to write more story with less words.

Edit Your Fiction Story

September 24

1:30pm to 4:30pm

\$35 per person

Ages 14 and Up

Learn fun, and easy editing tricks.

Believable Dialogue

October 15th

2:30pm to 4:30pm

\$25 per person

Ages 14 and Up

Learn how to write realistic dialogue.

Writing Emotion

October 29th

2:30pm to 4:30pm

\$25 per person

Ages 14 and Up

Learn to write emotions with more than mood descriptions.

Stop the Head Hop

December 3rd

2:30pm to 4:30pm

\$25 per person

Ages 14 and Up

Learn how to write from multiple perspectives.

Writing for Children

December 10th

2:30pm to 4:30pm

\$25 per person

Ages 14 and Up

Learn how and why writing for children is different.

Classes and Activities

Basic First Aid and CPR

\$45 per person for 2 year certification

This class is not for professionals.

Classes are subject to change without notice.

<u>2016</u>			<u>2017</u>		
September 3rd	10am-1pm	Central Park	January 1st	6pm-9pm	Central Park
September 13th	6pm-9pm	Central Park	January 7th	2pm-5pm	Nienhuis Park
October 15th	10am-1pm	Central Park	January 17th	6pm-9pm	Central Park
October 29th	10am-1pm	Central Park	January 21st	2pm-5pm	Nienhuis Park
November 5th,	10am-1pm	Central Park	January 31st	6pm-9pm	Nienhuis Park
November 19th	10am-1pm	Central Park			
December 1st,	6pm-9pm	Central Park			
December 19th,	6pm-9pm	Central Park			

Food Handlers Permit Classes

Classes are held by the Tulsa County Health Department at the Central Park Community Center.

11am-1pm, \$13 Cash (Exact change preferred)

Participants are to arrive 30 minutes before class starts, as seats are limited and it is on a first come first serve basis. Class starts promptly at 11am; no one will be admitted once class has started.

September 9th, October 14th, November 4th, December 9th

Classes are subject to change without notice.



Chalk it Up!

Friday & Saturday September 9th & 10th

The regional Arts Alliance of Broken Arrow (ArtsOK), will be presenting the 5th annual, "Chalk It Up!" The festival begins on Friday, September 9th from 7pm-12am and continues on Saturday, September 10th from 7am-5pm. This is a free family event, and open to the public. It will take place on Main Street in Broken Arrow, directly in the middle of the Rose District! Artists that register to compete will have a 10' x 10' sectioned-off space along Main street, between Dallas and Broadway, to let their imaginations run wild. The artists will begin their creative masterpiece on Friday evening and complete the design Saturday during the main event. Main Street will be full of color and gallery quality artwork by 2pm Saturday!

Special Events

Cox Community Concert

Friday September 23rd

5pm-11pm

The Cox Community Concert will be a free, family friendly live concert hosted at the Events Park and is open to the public.

Twelve thousand free tickets will be distributed at all Cox Solutions Stores. **Rodney Atkins and Craig Campbell will headline the concert.** Food and beverage vendors will be on site. Guests are encouraged to bring lawn chairs or blankets to the performance, as no seating will be provided. Food or drinks from outside the gate will NOT be permitted.

6pm Gates open

7pm Opening Act

8pm Craig Campbell

9pm Rodney Atkins



Tennis in the Park

September 10th

Central Park Tennis Courts

10:30AM-12:00PM

Ages 6-12

Free class for children to come and learn the basics of tennis. All skill levels are welcome. Racquets will be available. Please register by 9AM on September 10th.

Bark in the Park

September 24th

Ray Harral Nature Center

10:00AM-2:00PM

Enjoy an afternoon walking your dog around the park with other dog lovers. Water will be provided and free samples from vendors will be available. Dogs must be spayed or neutered, have tags or ID, and no retractable leashes.



Fall Fun Fair

October 8th

Central Park Community Center

1:00PM-3:00PM

A free event to celebrate the fall season. Enjoy games, candy, and more. Come dressed in your Halloween costume!

Special Events

Special Events

Turkey Shoot

Central Park Community Center

November 19th

Starts at 10AM

\$5 per person. Must register by November 19th.

Boys and girls will compete separately in this free throw shooting contest.

Age divisions will be 6-8, 9-11, and 12-14.

Each child will shoot 10 Free Throws.

Best percentage will win a turkey.



Classes are subject to change without notice.



Pizza with Santa

Nienhuis Park Community Center

December 17th

11:00am-1:00pm

Tickets are \$1 per person. Each ticket gets you one slice of pizza.

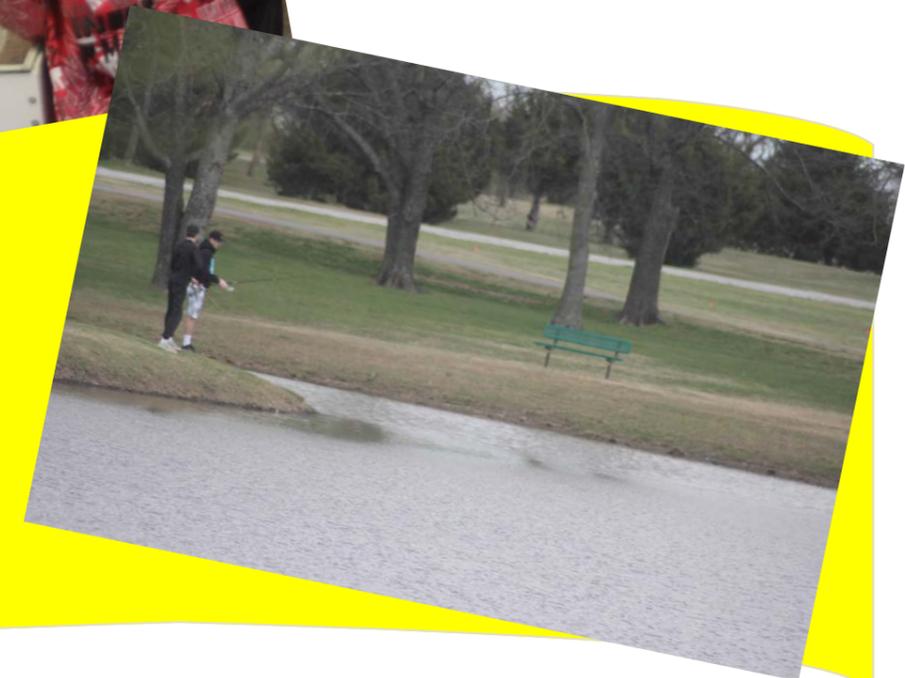
Tickets go on sale November 1st and must be purchased by December 15th. No ticket sales at the door.

Bring your camera for pictures with Santa and enjoy the family fun activities.

[Click here](#) to tell us about your experience in the park.

Or go to:

<https://www.surveymonkey.com/r/BAParksGeneral>



Want to teach your own class?

Contact any Center Supervisor to find out how you can start earning money doing what you love today!

Central Park Community Center Supervisor (918) 259-84378

Nienhuis Park Community Center Supervisor (918) 259-6551